

# Monday 22nd June 2020

## Hello from Mrs Faber and Mrs Wellings

Hello from the Year Three team! Mrs Wellings and Mrs Faber are still safe at home planning for your learning and writing your reports. Mrs Dunn is now in school and is making new resources for later in the year. Mrs Musgrove has sent me a few pictures of baby Joel and I've dotted them throughout this weeks power points. If you open them up over the week you will find three photos.

## Newsflash

Grown ups - Maths will be a bit different for the next few weeks. The White Rose lessons for the next few weeks are about fractions which we have already done. The topics that we still need to do don't have videos yet, so we will be using some power point slides from classroom secrets and also some of the White Rose worksheets. As always do what you can and choose the questions that you think that you can do.

Even though the curriculum has been slimmed slightly we will still be adding mindfulness activities and optional extras, again it is your choice whether to do them or not. Some of the mindfulness activities will be repeated as if you're using them to come into the 'moment' and reduce anxiety then they need to be practiced over and over again.

Here is a picture of my sunflowers and potato plants that us Faber girls are growing. (If the slugs don't steal them for their lunch!)





## Active June activity

If you're looking for a physical challenge try this. A different activity for each day and different levels too. See if you can do at least the bronze each day.

### Active June!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Do some <b>sit ups</b> : Bronze: 10 sit ups Silver: 20 sit ups Gold: 40 sit ups	2 Do some <b>star jumps</b> : Bronze: 20 times Silver: 30 times Gold: 50 times	3 Practise <b>balancing on right leg</b> : Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	4 Practise <b>balancing on left leg</b> : Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	5 Have a <b>jog</b> around: Bronze: 5 minutes Silver: 10 minutes Gold: 15 minutes	6 Create your own <b>throwing and catching game!</b>	7 <b>Teach</b> the people at home <b>your game</b> and see who scores the most points!
8 Do some <b>burpees</b> : Bronze: 10 burpees Silver: 15 burpees Gold: 20+ burpees	9 Try and do some <b>mountain climbers</b> : Bronze: 10 times Silver: 20 times Gold: 30+ times	10 Carefully try and do a <b>plank</b> : Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	11 See how many <b>tuck jumps</b> you can do in a row: Bronze: 10 jumps Silver: 20 jumps Gold: 30 jumps	12 <b>Push ups!</b> Bronze: 10 push ups Silver: 15 push ups Gold: 20+ push ups	13 Use a pack of cards and <b>create a game involving different exercises</b> and the different suits!	14 <b>Compete against someone at home</b> to see who can complete more exercises in a given time.
15 Try and do some <b>crunches</b> : Bronze: 10 crunches Silver: 20 crunches Gold: 30 crunches	16 Do some <b>lunges</b> on both legs: Bronze: 10 each leg Silver: 20 each leg Gold: 30 each leg	17 Do a <b>wall sit</b> – remember, stay still: Bronze: 20 seconds Silver: 30 seconds Gold: 60 seconds	18 <b>Squat</b> – count how many squats you can safely do in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	19 <b>High knees</b> – Keep going without stopping Bronze: 30 seconds Silver: 50 seconds Gold: 1+ minute	15 Challenge yourself to <b>learning some new yoga posts</b> – watch a Youtube video to help.	16 Practise those yoga skills your learned and see if you can <b>balance for longer</b> than you did yesterday.
22 Try doing some <b>scissor kicks</b> : Bronze: 30 seconds Silver: 45 seconds Gold: 60+ seconds	23 Do some <b>shuttle runs</b> : Bronze: 15 runs Silver: 30 runs Gold: 50 runs	24 <b>Hop</b> on the spot: Bronze: 10 each leg Silver: 25 each leg Gold: 50 each leg	25 <b>Hopscotch</b> until you need to stop Bronze: 30 seconds Silver: 45 seconds Gold: 2 minutes	26 Try safely to do some <b>jump squats</b> in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	27 Go outside and be active with someone from your house. <b>Go for a run or a walk!</b>	28 Use your outdoor time to <b>jump</b> over things, <b>balance</b> along things and <b>move</b> in different ways.
29 Try <b>hurdling</b> over something (or just jumping!): Bronze: 1 minute Silver: 3 minutes Gold: 5 minutes	30 <b>Step jumps</b> – find a step and jump up and down on it safely: Bronze: 10 times Silver: 20 times Gold 40+ times	<p><b>Let's get active in June!</b>  <b>Try each of these activities with the people you're with!</b>  <b>Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements!</b>  <b>Remember it is important to stay active and healthy!</b></p>				

## Activities for each day - these are the same for each day of the week.

### • TT Rockstars

- Please aim to spend at least 15 minutes on the online game, or you can do a sheet or two from the booklets that we sent home just before lockdown began. By the end of year 3 you need to know your 2, 5, 10, 3, 4 and 8 times tables off by heart and also their division facts. All children have their times tables set up until the end of August.

### • Reading at home

- You should be aiming to read for **at least 20 minutes everyday**. (books, magazines, newspapers and instructions all count too.)
- Your parents have had a parent mail from Mrs Graham to say that you can now take Accelerated Reader quizzes from home by using this link [Howley Grange Renaissance at home](#) and logging on as usual using your username and password.
- To check that the book you are reading has a quiz, you can check it using on [Accelerated Reader Bookfinder](#). It's okay to read books which haven't got a quiz - just keep a record of what you have read.
- Keep reading and exploring new worlds and adventures!
- This week try and find the weirdest place at that you can read. (Be safe though!)

# Maths !

- **First** complete the TT Rockstars sheet.
- **Grown ups** - as explained on the first slide we are out of videos so we are using a combination of Classroom secrets, Twinkl and White Rose resources.
- **Children** - as we have run out of videos we are going to use some of the classroom secrets/ Twinkl power points as your introduction to lessons.
- This week is all about shape! Like time, some children will find this much easier than number based Maths and some will find it trickier. YOU choose which activities that you want to do.
- Looking for 2D and 3D shapes around your home is a great way to start your learning.
- I've popped a knowledge organiser on the next slide so that you can refer to it whilst working.
- Have fun and I hope that the sunny weather holds.
- Finally check your answers and correct any mistakes, just like we do in class. You can even use a pink and green pen if you want to. (Bonus points if you find a mistake!)
- **Maths this week**
- Monday - 2D shape hunt around your homes and gardens plus White Rose sheets.
- Tuesday - 3D shape hunt around your homes and gardens and make 3D shapes.
- Wednesday - 3D shape varied fluency and problem solving
- Thursday - angles and turns
- Friday - Friday challenge

# Sixty in 180. Can you complete the 60 TT Rockstars sums in 3 minutes (180 seconds) Show your parents how fast you are at these.

Name: \_\_\_\_\_

Week 1 Session 1

2020-21

Year 3 Summer 2020

5 a week

## Times Tables Rock Stars

## 3,4,8 Times Tables

Licensed to Howley Grange Primary School

1	$3 \times 5 =$ _____	21	$3 \times 9 =$ _____	41	$2 \times 8 =$ _____
2	$4 \times 3 =$ _____	22	$8 \times 8 =$ _____	42	$7 \times 4 =$ _____
3	$8 \times 10 =$ _____	23	$3 \times 10 =$ _____	43	$9 \times 3 =$ _____
4	$4 \times 1 =$ _____	24	$4 \times 8 =$ _____	44	$4 \times 8 =$ _____
5	$4 \times 9 =$ _____	25	$4 \times 2 =$ _____	45	$3 \times 4 =$ _____
6	$4 \times 9 =$ _____	26	$4 \times 8 =$ _____	46	$1 \times 4 =$ _____
7	$3 \times 9 =$ _____	27	$4 \times 11 =$ _____	47	$5 \times 3 =$ _____
8	$3 \times 12 =$ _____	28	$3 \times 4 =$ _____	48	$10 \times 4 =$ _____
9	$4 \times 3 =$ _____	29	$4 \times 3 =$ _____	49	$10 \times 4 =$ _____
10	$4 \times 12 =$ _____	30	$4 \times 3 =$ _____	50	$1 \times 4 =$ _____
11	$4 \times 2 =$ _____	31	$1 \times 3 =$ _____	51	$8 \times 3 =$ _____
12	$4 \times 2 =$ _____	32	$3 \times 3 =$ _____	52	$5 \times 8 =$ _____
13	$4 \times 11 =$ _____	33	$4 \times 3 =$ _____	53	$11 \times 4 =$ _____
14	$3 \times 12 =$ _____	34	$1 \times 4 =$ _____	54	$9 \times 8 =$ _____
15	$8 \times 12 =$ _____	35	$12 \times 8 =$ _____	55	$2 \times 4 =$ _____
16	$8 \times 3 =$ _____	36	$11 \times 8 =$ _____	56	$3 \times 3 =$ _____
17	$3 \times 2 =$ _____	37	$10 \times 3 =$ _____	57	$7 \times 3 =$ _____
18	$4 \times 9 =$ _____	38	$11 \times 4 =$ _____	58	$12 \times 8 =$ _____
19	$8 \times 2 =$ _____	39	$2 \times 3 =$ _____	59	$3 \times 4 =$ _____
20	$3 \times 12 =$ _____	40	$4 \times 3 =$ _____	60	$6 \times 4 =$ _____

Time taken

:
---

⌚ 3 minute time limit ⌚

Score

60
----

What's your rock status?

**WANNABE**

< 18 correct in 3 mins

**GARAGE BAND**

18-19 correct in 3 mins

**BUSHER**

20-21 correct in 3 mins

**GIGGER**

22-24 correct in 3 mins

**UNSIGNED ACT**

25-29 correct in 3 mins

**BREAKTHROUGH ARTIST**

30-35 correct in 3 mins

**SUPPORT ACT**

36-44 correct in 3 mins

**HEADLINER**

45-59 correct in 3 mins

**ROCK STAR**

All correct in ≤ 3mins

**ROCK LEGEND**

All correct in ≤ 2min

**ROCK HERO**

All correct in ≤ 1 min

**TIMES TABLES  
ROCK STARS**

# TT Rockstars answers

Name: \_\_\_\_\_

## Times Tables Rock Stars

## 3,4,8 Times Tables

Licensed to Howley Grange Primary School

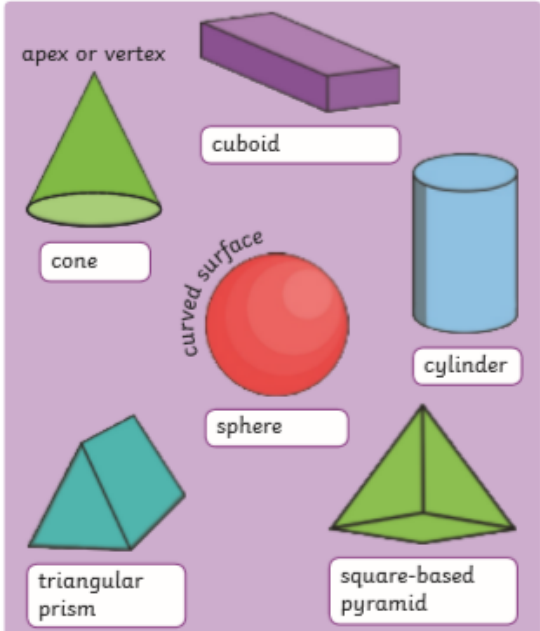
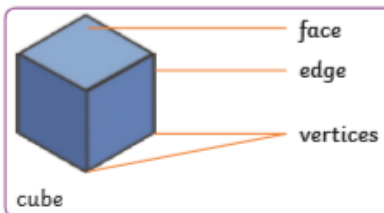
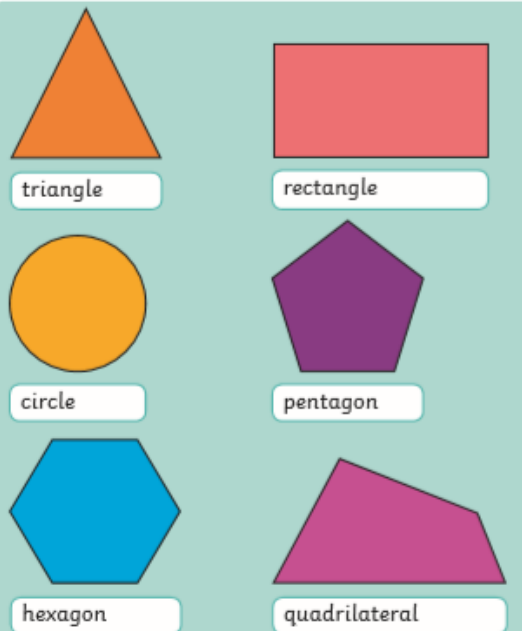
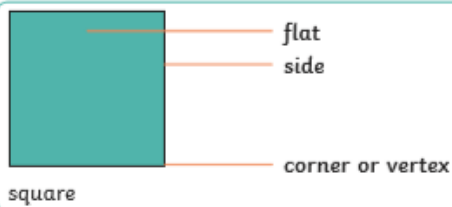
1	$3 \times 5 = 15$	21	$3 \times 9 = 27$	41	$2 \times 8 = 16$
2	$4 \times 3 = 12$	22	$8 \times 8 = 64$	42	$7 \times 4 = 28$
3	$8 \times 10 = 80$	23	$3 \times 10 = 30$	43	$9 \times 3 = 27$
4	$4 \times 1 = 4$	24	$4 \times 8 = 32$	44	$4 \times 8 = 32$
5	$4 \times 9 = 36$	25	$4 \times 2 = 8$	45	$3 \times 4 = 12$
6	$4 \times 9 = 36$	26	$4 \times 8 = 32$	46	$1 \times 4 = 4$
7	$3 \times 9 = 27$	27	$4 \times 11 = 44$	47	$5 \times 3 = 15$
8	$3 \times 12 = 36$	28	$3 \times 4 = 12$	48	$10 \times 4 = 40$
9	$4 \times 3 = 12$	29	$4 \times 3 = 12$	49	$10 \times 4 = 40$
10	$4 \times 12 = 48$	30	$4 \times 3 = 12$	50	$1 \times 4 = 4$
11	$4 \times 2 = 8$	31	$1 \times 3 = 3$	51	$8 \times 3 = 24$
12	$4 \times 2 = 8$	32	$3 \times 3 = 9$	52	$5 \times 8 = 40$
13	$4 \times 11 = 44$	33	$4 \times 3 = 12$	53	$11 \times 4 = 44$
14	$3 \times 12 = 36$	34	$1 \times 4 = 4$	54	$9 \times 8 = 72$
15	$8 \times 12 = 96$	35	$12 \times 8 = 96$	55	$2 \times 4 = 8$
16	$8 \times 3 = 24$	36	$11 \times 8 = 88$	56	$3 \times 3 = 9$
17	$3 \times 2 = 6$	37	$10 \times 3 = 30$	57	$7 \times 3 = 21$
18	$4 \times 9 = 36$	38	$11 \times 4 = 44$	58	$12 \times 8 = 96$
19	$8 \times 2 = 16$	39	$2 \times 3 = 6$	59	$3 \times 4 = 12$
20	$3 \times 12 = 36$	40	$4 \times 3 = 12$	60	$6 \times 4 = 24$

Key Vocabulary

Recognise and Describe 2D Shapes

Recognise and Describe 3D Shapes

- two-dimensional (2D)
- three-dimensional (3D)
- flat
- solid
- corner
- apex
- vertex
- vertices
- side
- edge
- face
- curved
- straight
- round
- line of symmetry
- vertical
- pattern



## 2D Shape Word Mat



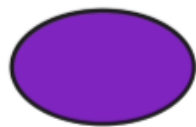
circle



rectangle



triangle



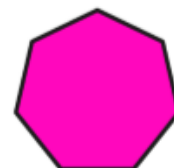
oval



octagon



square



heptagon



rhombus



pentagon



hexagon



kite



# Monday's Maths

- Activity 1 - go on a 2D (flat shape) hunt around your home/ garden. What 2D shapes can you see, what are they called? If you have access to a camera you might want to take photos of the shapes, no need to print them.
- Activity 2

## Recognise and describe 2D shapes

White  
Rose  
Maths

1 Match the shapes to the labels.



square



pentagon



triangle



hexagon

2 Use the words to label the shapes.

rectangle

hexagon

circle

triangle

pentagon

a)



c)



b)



d)

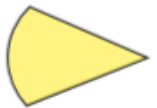


3 Dora and Ron each have a shape.

a)



My shape has three sides, so it is a triangle.



Why is Dora incorrect?

---

---

b)



My shape is a house.



Why might Ron think that? Talk to a partner.

What is the mathematical name for Ron's shape?

---

4 Here are some shapes.

a) Circle all the quadrilaterals.





Cut out the shapes and match them to the correct description.

## Activity 3

- No need to print this sheet, you can just draw the shapes and write the properties.

	6 straight sides 6 vertices This 2D shape is a _____
	3 straight sides 3 vertices This 2D shape is a _____
	No straight sides No vertices This 2D shape is a _____
	4 straight sides 4 vertices This 2D shape is a _____
	4 straight sides all the same length 4 vertices This 2D shape is a _____

## Activity 4

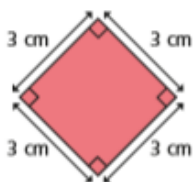
b) Draw three more quadrilaterals.



What do you notice about all the shapes you have drawn?

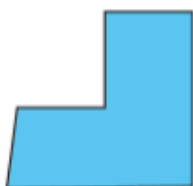
c) Is this shape a square?

Circle your answer.      **yes**      **no**



Compare answers with a partner.

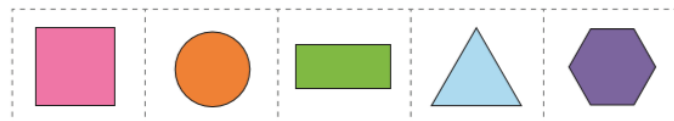
5 This shape is a hexagon.



Why is it a hexagon?

\_\_\_\_\_

\_\_\_\_\_



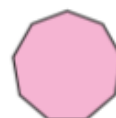
6 What is the name of each shape?



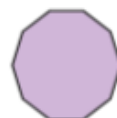
\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

How do you know? Talk about it with a partner.

7 Each shape has at least one pair of parallel sides.

Draw on the shapes to show the parallel sides.



# Answers

## Recognise and describe 2D shapes

Rise  
Maths

1 Match the shapes to the labels.

square  
pentagon  
triangle  
hexagon

2 Use the words to label the shapes.

rectangle hexagon circle triangle pentagon

a) circle

b) pentagon

c) triangle

d) hexagon

3 Dora and Ron each have a shape.

a) My shape has three sides, so it is a triangle.

Why is Dora incorrect?

A triangle has three straight sides. This shape has two straight sides and one curved.

b) My shape is a house.

Why might Ron think that? Talk to a partner.

What is the mathematical name for Ron's shape?

pentagon

4 Here are some shapes.

a) Circle all the quadrilaterals.

© White Rose Maths 2020

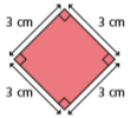
b) Draw three more quadrilaterals.

e.g.

What do you notice about all the shapes you have drawn?

c) Is this shape a square?

Circle your answer.  yes  no



Compare answers with a partner.

5 This shape is a hexagon.



Why is it a hexagon?

It has 6 sides.

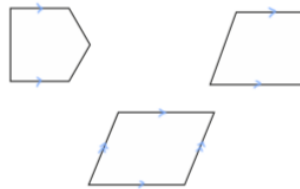
6 What is the name of each shape?

heptagon octagon  
nonagon decagon

How do you know? Talk about it with a partner.

7 Each shape has at least one pair of parallel sides.

Draw on the shapes to show the parallel sides.



## 2D Shapes: Properties Answers

Cut out the shapes and match them to the correct description.

	6 straight sides 6 vertices This 2D shape is a <b>hexagon</b> .
	3 straight sides 3 vertices This 2D shape is a <b>triangle</b> .
	No straight sides No vertices This 2D shape is a <b>circle</b> .
	4 straight sides 4 vertices This 2D shape is a <b>rectangle</b> .
	4 straight sides all the same length 4 vertices This 2D shape is a <b>square</b> .

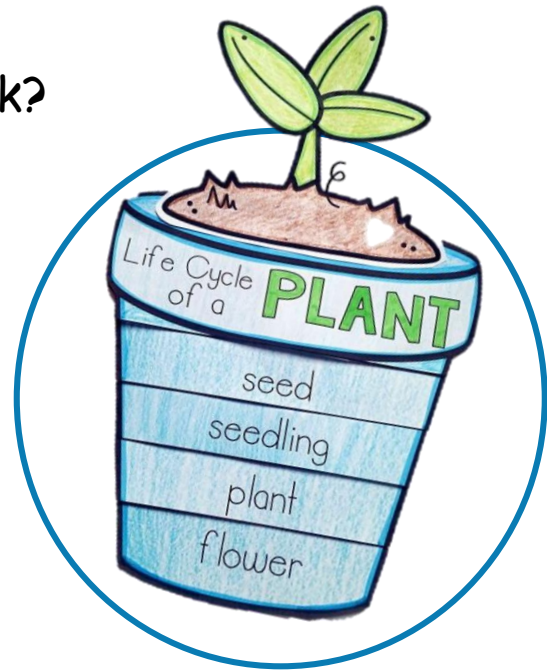
# Monday 22<sup>nd</sup> June: English

This weeks English is going to focus on the science that we were looking at just before the half term - PLANTS and LIFE CYCLES.

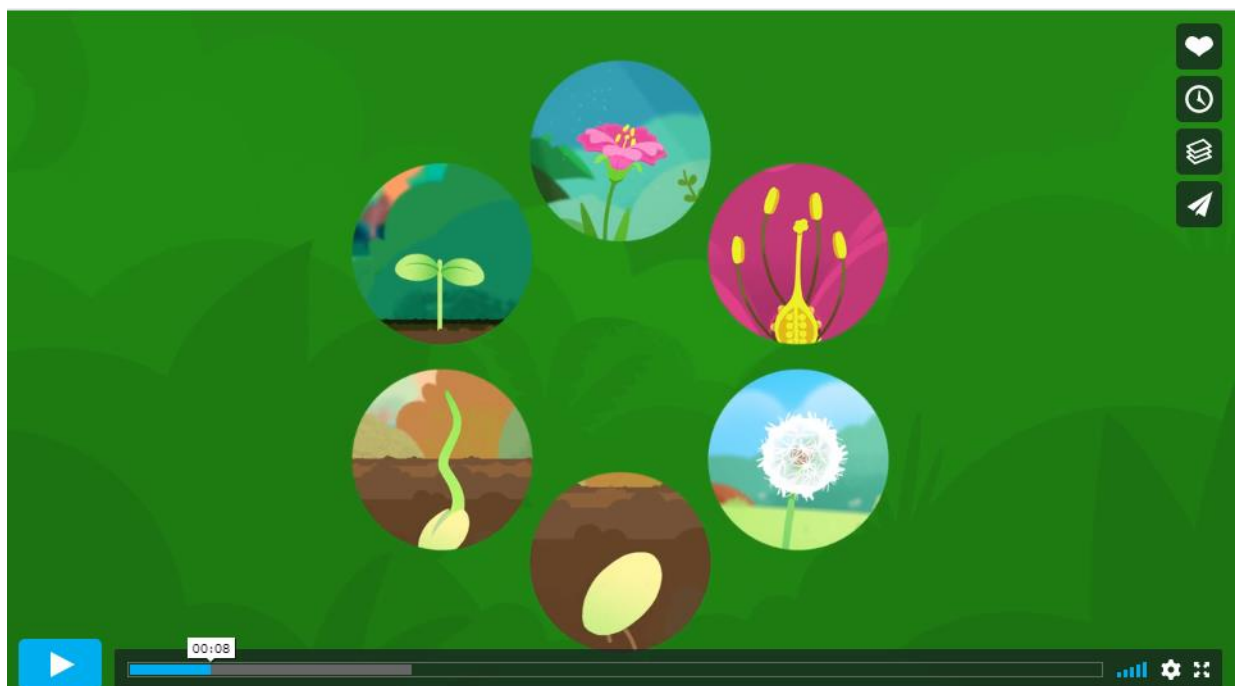
So ... How does a plant life cycle work?

Watch this short clip about the life cycle of a plant.

Then complete the two activities about the life cycle of a plant.



## Life Cycle of a Plant

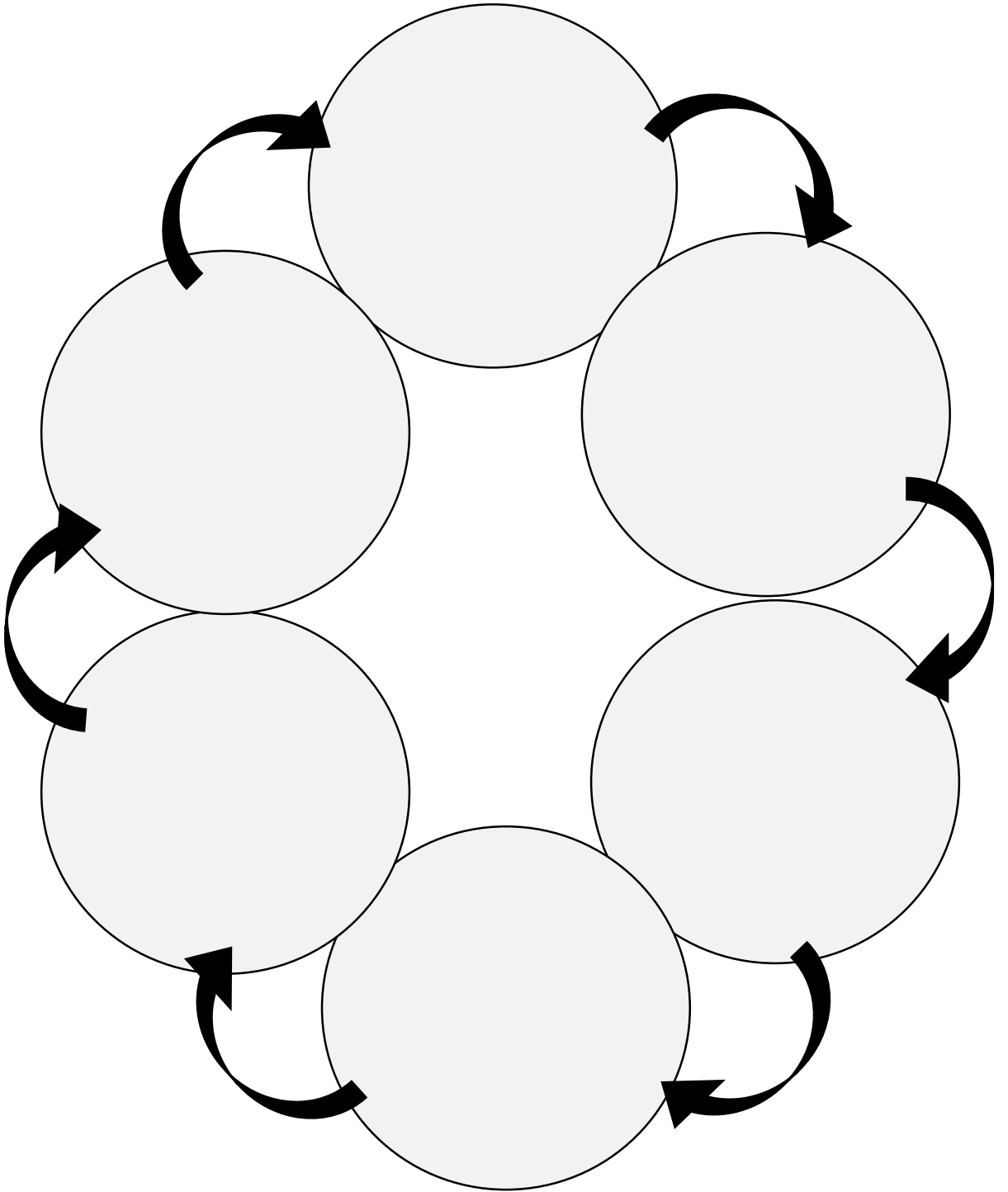


<https://vimeo.com/218127170>

# Life Cycle of a Plant Activity 1

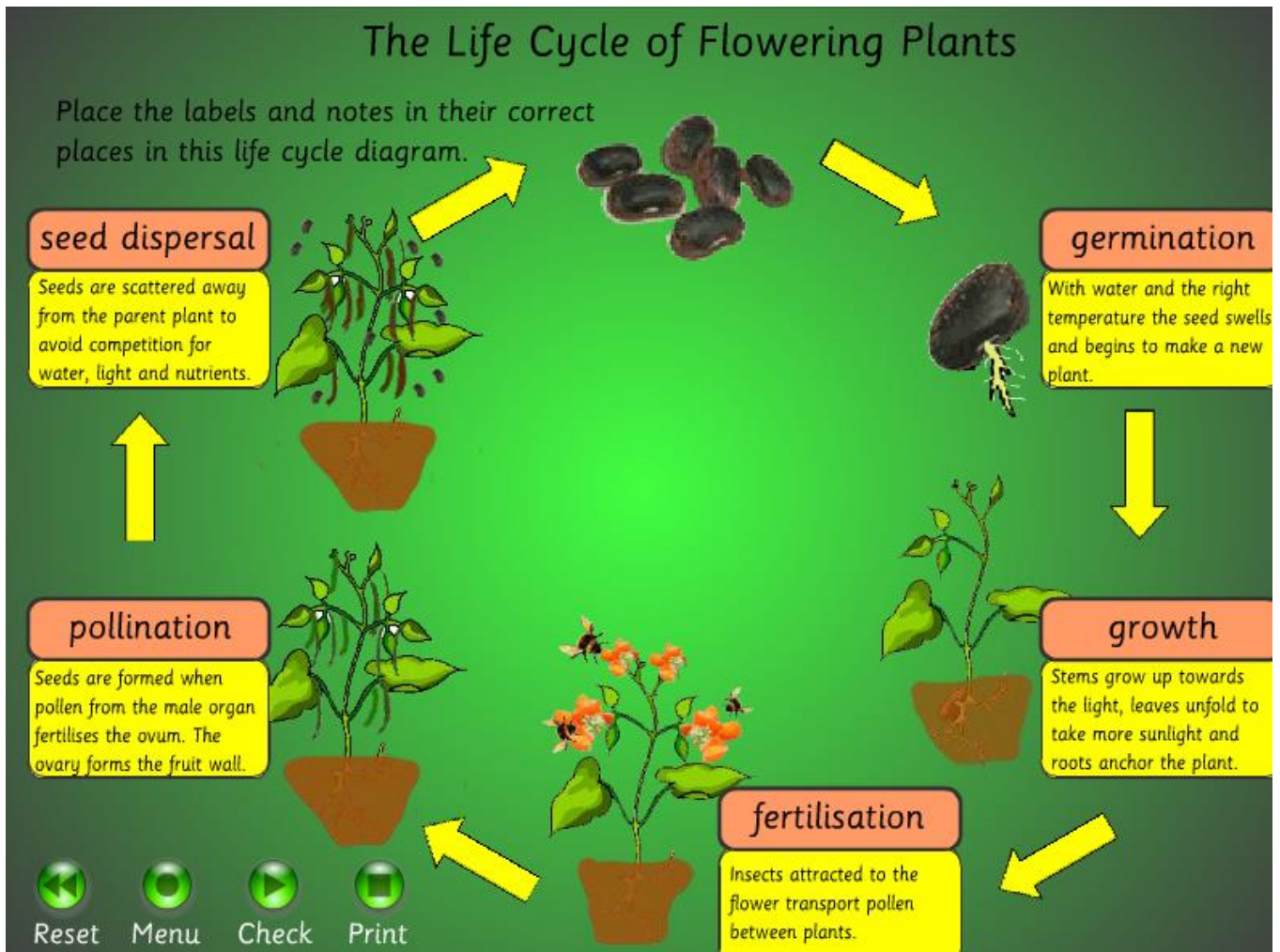
Cut out or draw if you can't print the images below and put them in the correct order. There is a worksheet on the next slide that you can use or you can draw your own diagram on something you have at home.





# Life Cycle of a Plant Activity 2

Now that you have got the images in the correct order use the key words to help you write a sentence or short description for each stage - use the video to help you.



## Key Words

Seed      water      roots      shoots      sunlight  
leaves      carbon dioxide      air      photosynthesis  
adult plant      flowers stamen      stigma      pollination  
wind      animals      water      scatter

# Mindful Monday!

- Grown ups - if you went to school in the 80's like me (Mrs F) you will know how to fold these, instructions on the next page if not.

*like the mountain*

**1**  
Dance, shake, run, jump, stretch, just move around! You are alive! Notice how your body feels.

**2**  
Smile or laugh - even if you have to fake it.

**3**  
Breathe in. Now as you breathe out, pretend you are blowing a dandelion as the seeds slowly fall away.

**4**  
In this moment, how do you feel? Say hello to the feeling. Oh there you are, you might say, I see you and it is okay.

**5**  
Make two fists and imagine you are squeezing all of the juice out of a lemon. Hold for 5 seconds. Now relax your hands.

**6**  
In silence look around this space for a minute. Notice things you that you have never noticed before. After the minute passes, share what you found most curious.

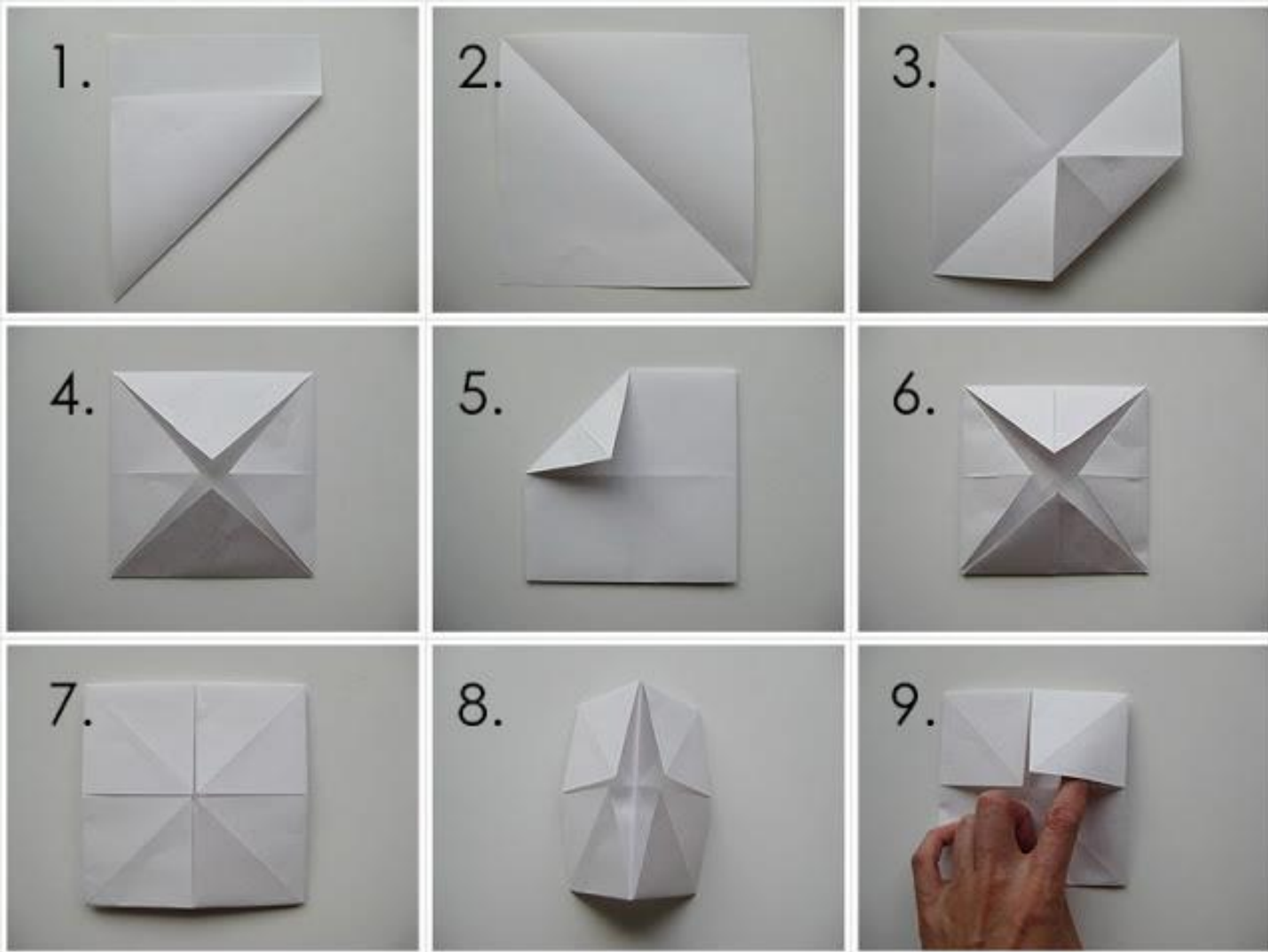
**7**  
Gently place one hand over your heart and the other hand over your belly. Breathe. Notice how you feel.

**8**  
Stand tall, feet forward with legs hip-width apart. Straighten your arms alongside your body. Imagine you are a mountain, strong & stable. **BREATHE.**

*tree*  
*mountain*  
*river*  
*sky*


**Mindfulness**

**Mindfulness FORTUNE TELLER**





**How To Play!!!**



**Step 1**  
Insert your thumb and index finger on both hands under the flaps beneath the fortune teller. You should now be looking at the 4 colours of the teller.




**Step 2**  
Pick one of the colours and spell it out, eg. B, L, U, E, flapping the teller one way and the other for each letter like in the pictures

**Step 3**  
Pick one of the numbers that you see inside the fortune teller and spell it out, eg. 1, 2, 3. Flap the teller as you did before for each number

**Step 4**  
Finally, pick one more numbers from the ones you see inside the teller. Lift that flap to reveal your Tiger type. What type of Tiger are you?? Have fun!



Not the actual instructions for the mindfulness fortune teller, but you should get the idea from this.